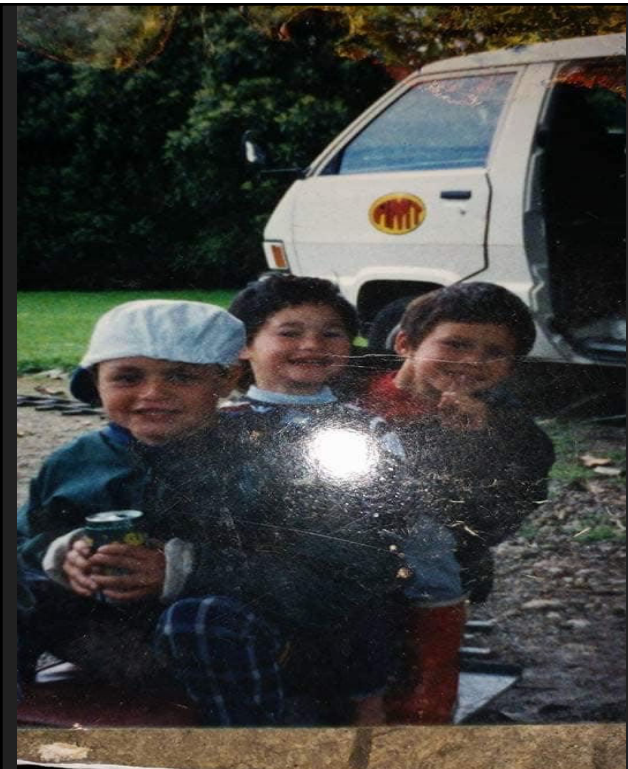






## ATTITUDE IS EVERYTHING

- Importance of Attitude
- Shapes your behavior & actions
- Set the example for others
- Return home safely to your loved ones
- "Attitude is Everything"
- The difference between.....
- Now let me take you back



## Childhood



## Age 5 to 7

- goals & aspirations
- having all the attributes
- All black was the dream
- Young, wild & free
- Choices were made that was out of our control changed everything



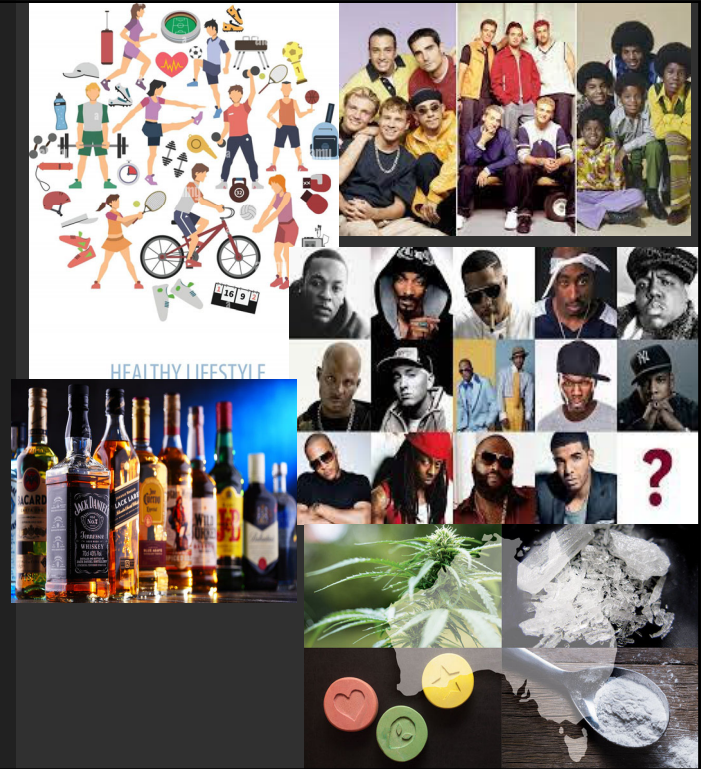
## Age 7 to 11

- Parents Separated
- Brothers & Sister Separated
- Major change in my life
- Never settled, loss of focus
- Seeking attention
- Staring down CYFS System
- Taken in From Aunty & Uncle



## Age 12 to 14

- Reunited with my brother and sister
- Attitude Change
- From Pop to Rap
- Culture shift (drugs & alcohol)



## Age 15 to 22

- Lots of Violence
- Friends & Family Committing Suicide
- Drug & Alcohol Addiction
- Going Nowhere in Life



# Time For Change

- \* 2011 I was over this lifestyle
- \* Moved to Tauranga
- \* Training & Routine
- \* Training for Survival



OCTOBER 14TH 2011



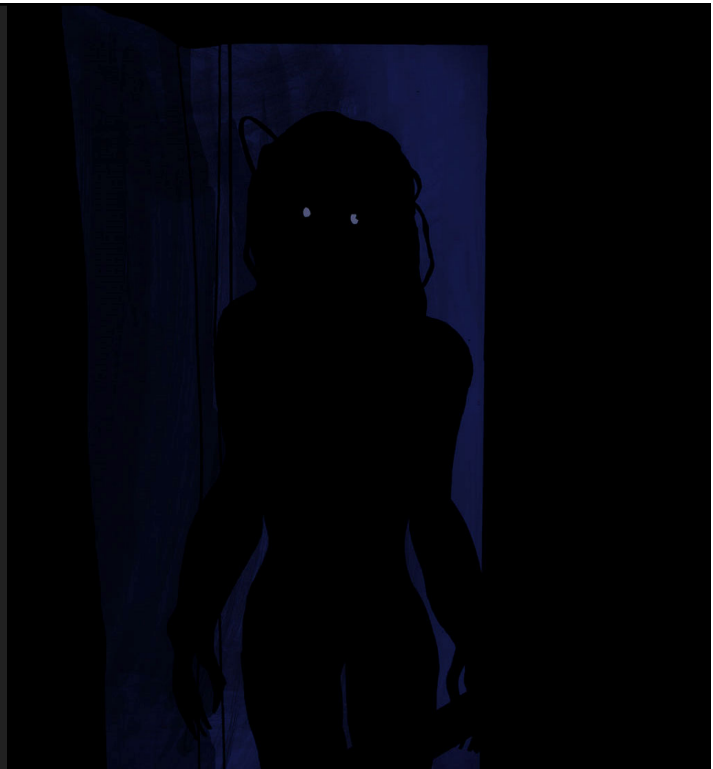
# Bad Attitude

- \* Cold, Wet Day, Should not of been out there.....
- \* Slipping and sliding on lada
- \* In between the lines
- \* Underestimate Electricity
- \* Finished up, Phone Call



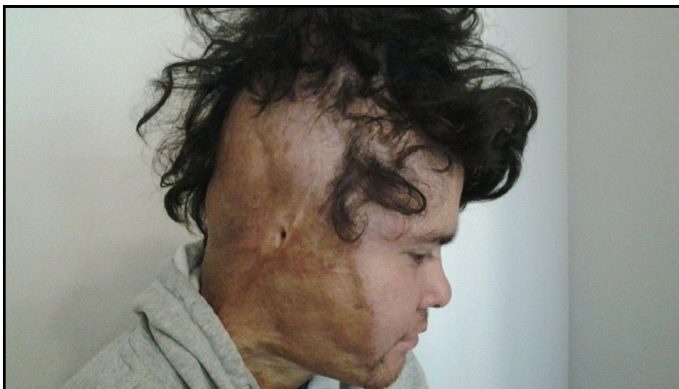
## Blackout

- Don't know what happened
- Had to ask Dad
- His Words
- The others....
- Trying to get up
- And that was that....



## Hospital & Recovery

- Waking Up
- Injuries Received
- When you don't use your ears



From No Ear 2 a Click on Ear.....

Magnetic Ear, Hang My keys to them cause I keep losing them lol









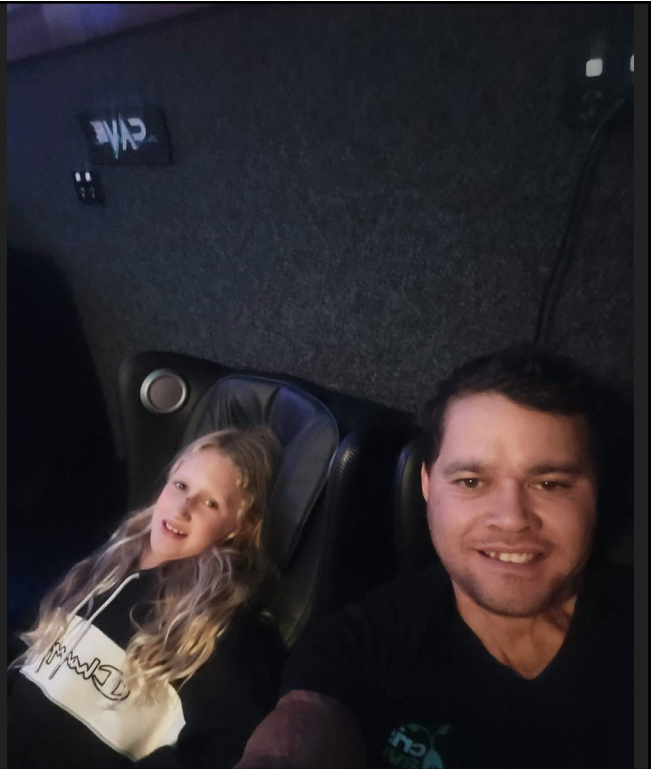
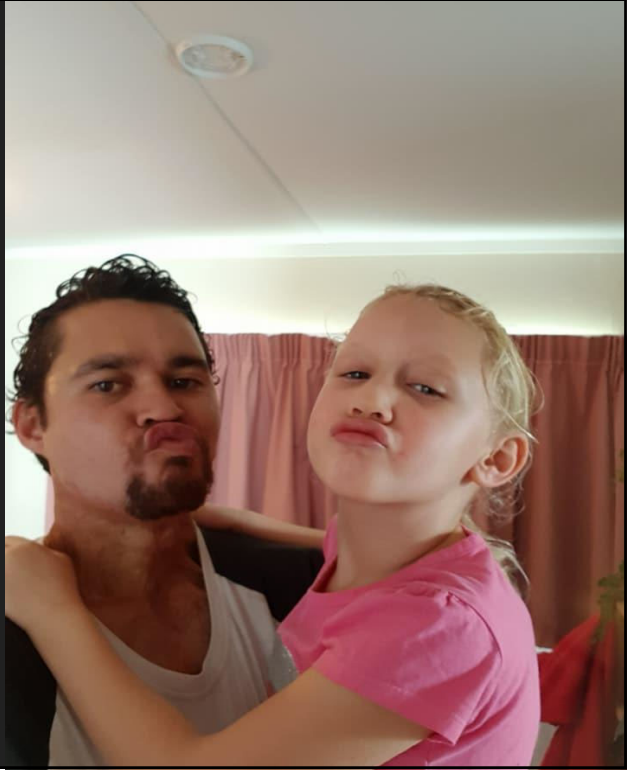


# From Darkness to Light

- \* My Purpose
- \* Reason to Live
- \* Be an example



**MY PURPOSE**







**Entrepreneur**

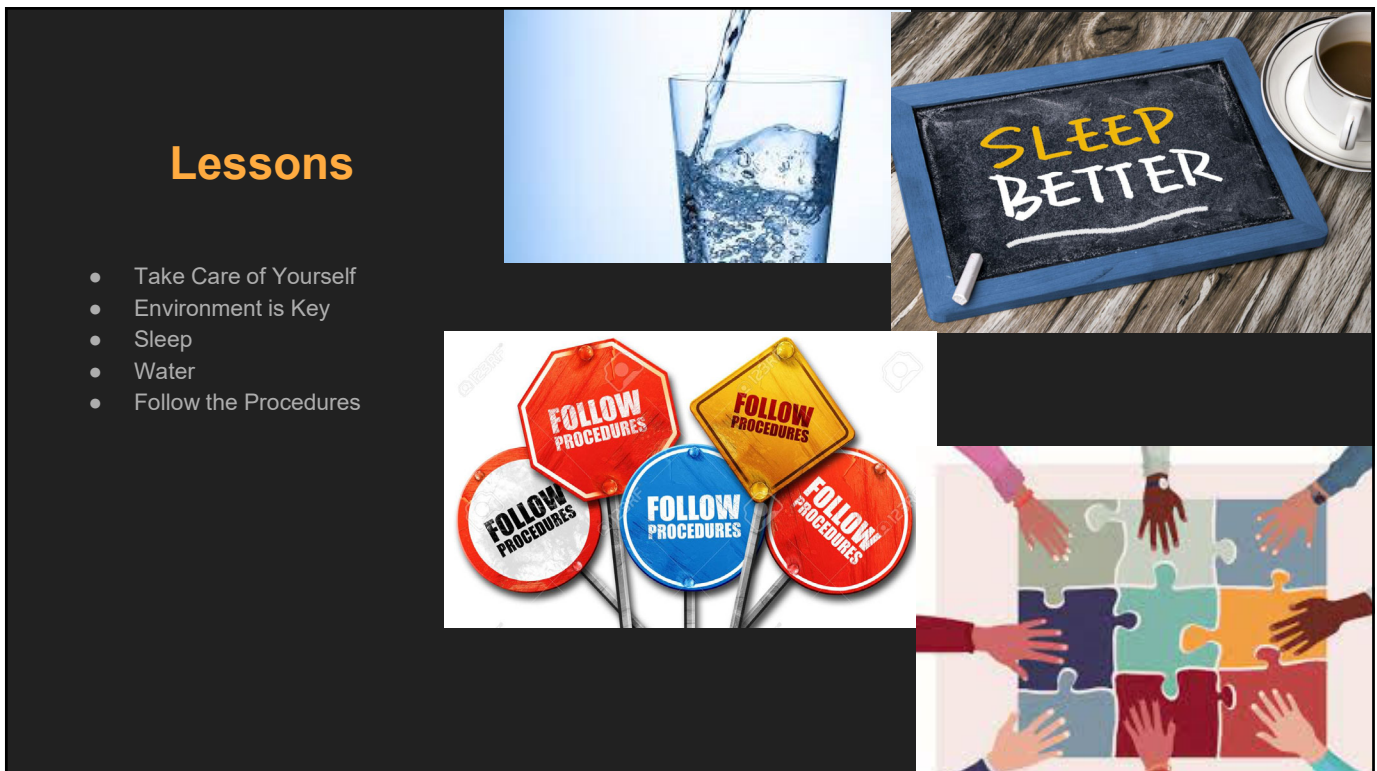
**\$10 Fruit Bag**

**ARO HARVEST**  
orchard care

**10 Years +**

**crispy**  
**avo**

This collage features several images related to an avocado business: a mesh bag of fruit labeled '\$10 Fruit Bag', a truck with crates of produce, a close-up of avocados on a tree, the 'ARO HARVEST orchard care' logo, a truck with a trailer, and an aerial view of an orchard. The word 'Entrepreneur' is written in yellow at the top, and '10 Years +' is written in yellow on a black background. The 'crispy avo' logo is also present.



**Lessons**

- Take Care of Yourself
- Environment is Key
- Sleep
- Water
- Follow the Procedures

**SLEEP BETTER**

**FOLLOW PROCEDURES**

This section is titled 'Lessons' in orange. It includes a list of five bullet points: 'Take Care of Yourself', 'Environment is Key', 'Sleep', 'Water', and 'Follow the Procedures'. The background features images of water being poured into a glass, a chalkboard with 'SLEEP BETTER' written on it, and several signs that say 'FOLLOW PROCEDURES'. At the bottom right, there is an illustration of hands placing puzzle pieces together.

### A LINEMAN'S SAFETY EQUIPMENT

**SAFETY GLASSES**  
**HARD HAT**  
**HEARING PROTECTION**  
**SAFETY HARNESS**  
**RUBBER GLOVES**  
**RUBBER GLOVE PROTECTORS**  
**HOT STICK**  
**RUBBER SLEEVES**  
**FIRE RETARDANT SHIRT**  
**REFLECTION**  
**FIRE RETARDANT JEANS**  
**WORK BOOTS**

## "Keep your Distance!"

Minimum safe distances from overhead lines

**Important!**  
Before you start building- remember to check the minimum distances you must be from overhead lines  
All people and machinery must remain 4 metres or more away from the lines at all times

### Minimum safe distance from buildings to overhead lines

Voltage	"a" (distance) Minimum distance beneath conductors	"b" (distance) Minimum distance to side of conductors
Not exceeding 1kV	4m	3.5m
Exceeding 1kV but not exceeding 11kV	5.5m	5m
Exceeding 11kV but not exceeding 33kV	7m	8.5m
Exceeding 33kV but not exceeding 110kV	7.5m	9.5m
Exceeding 110kV	Refer to Table 2 Table 2 NZECP34	

**BE RESPONSIBLE!!!**

- \* PPE is up to standard at all times
- \* Don't take shortcuts
- \* Be the example

## Key Points

- Please understand the importance of Attitude
- Awareness of self discipline etc
- Working Family
- H&S first priority
- Don't want anyone going down this path
- Be safe out there

# ATTITUDE

*is Everything*

# QUESTIONS???



NGA MIHI NUI STAY SAFE OUT THERE!!!