

Shared Learning

Critical Risk: Manual Handling



Shoulder Pain from Hazardous Manual Task

What happened?

Worker complained of pain in both shoulders while cleaning and servicing hub at a Wind Farm.

Root Cause:

- Repetitive Manual Handling activity.

Contributing Factors:

- IP was in an extended position for a long period of time
- Lack of breaks
- No rotation of tasks

Location: Wind Farm

What did we learn?

- Conduct a workplace assessment of the hub
- Conduct training in body placement / positioning, stretching, repetitive movements
- Review with WHS Committee / HS Reps
- Promote Take 5 assessment and “Hey Mate” program

