

## Asbestos



Asbestos fibres are a health risk when inhaled.

Asbestos fibres can cause a number of diseases including;

- Asbestosis (scarring of lung tissue),
- Mesothelioma (cancers around the lungs or intestine)
- Pleural plaques (thickening of membranes around the lungs)
- Lung cancer

## **START WHEN CERTAIN!** - Prior to starting work ask:

- Does that material contain asbestos?
- Could there be asbestos fibres in the dust?
- **1.** <u>CHECK</u> the Asbestos Register for information on your area of work.
- **2.** TEST before you start work to confirm no presence of asbestos to ensure your safety and the safety of others.

The test must be undertaken by a person who is trained and competent in asbestos sampling e.g. Huntly Site Chemists



**3.** <u>WEAR</u> PPE, including respiratory protection, where there is the potential for asbestos or other dusts or fibres being disturbed.

Please also consider when working around any dusty or dirty areas the implications of transferring that material into your office workstation, lunchroom, car or into your home.

Maintain good hygiene practices to and from work, when eating and drinking and at your workstation.